

Reducing plate waste at hotel buffets

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In this presentation I will make a case for the problem of food waste in general, and the problem of plate waste in the hospitality sector in specific. I will then discuss in detail the (very few) prior empirical studies that have attempted to put measures in place to reduce plate waste. Finally, I will present our experiment in which we managed to successfully and significantly reduce plate waste in families.

Key words: food waste, experiments, sustainable tourism, hotel, buffet

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